FREEDOM PYRAMID (B-T-E-A)

The Circumstance

Does 8 look more or less like obedience?

2. What actions are coming from the unhealthy emotion in 1?

Ask Permission & Start Here: 1.

What unhealthy emotion are you experiencing?

3. What thought(s) is causing the unhealthy emotion?

What does that mean to you? (Downward Arrow)

4. 

Potential to Share the Gospel:
(1) Circles of God in humanity &
(2) Romans 3:21-22 (NASB)

Apply Identity IN Christ to the Belief (Eph. 1:1-14)
I AM 100% RIGHTEOUS IN CHRIST
I AM 100% COMPLETE IN CHRIST
I AM DEEPLY LOVED
I AM TOTALLY FORGIVEN
I AM WHO GOD SAYS I AM

RENEW

If you believe 5 then what would be your thought?

5. 

If you think 6 then what would be your emotion?

6. 

If you feel 7 then what would be your action?

7. 

Identify God’s Truth then summarize it above in 5

8. Does 8 look more or less like obedience?