

Name of Coach: _____ Date: _____

Evaluation of Group Coach*

Instructions. Use checks (✓) to indicate how you felt about your most recent session.

Please answer all the items.

0--Not at all true	1--Somewhat true	2--Moderately true	3--Very true	4--Completely true
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(LTG20) Empathy

1. The coach seemed warm, supportive, and concerned.				
2. The coach seemed trustworthy.				
3. The coach treated me with respect.				
4. The coach did a good job of listening.				
5. The coach understood how I felt inside.				

(LTG20) Helpfulness

6. I was able to express my feelings during the session.				
7. I felt like I could talk about the problems that are bothering me.				
8. The methods and/or exercises used were helpful.				
9. The approach the coach used made sense.				
10. I learned some new ways to deal with my problems.				

(LTG20) Satisfaction & Commitment

11. I believe the discussion was helpful to me.				
12. Overall, I was satisfied with today's discussion.				
13. I plan to do homework before the next meeting.				
14. I intend to use what I learned in today's session.				
15. It was ok to disagree with the coach.				

(LTG0) Negative Feelings & Question Difficulty

16. At times, the coach didn't seem to understand how I felt.				
17. At times, I felt uncomfortable during the session.				
18. It was hard to answer some of these questions honestly.				
19. Sometimes my answers didn't show how I really felt inside.				
20. It would be too upsetting for me to criticize the coach.				

What did you like **the least** about the session? _____

What did you like **the best** about the session? _____

